

Discharge Summary

Medical Report

Shadia Osman Abdalgafar Elsaim

16 Jun 2016

Date	16 Jun 2016
Facility	Continental Hospitals, Hyderabad (A Gleneagles Facility)
Doctor	Dr. Ravi Suman Reddy, Attending Physician (Neurosurgery)

Admission Details

- Admission Date: 29/05/2016
- Speciality: Neurosurgery, InPatient
- Reason for Admission: Traumatic head injury (DAI)
- Diagnosis at Discharge: RTA with spastic quadraplegia – on physiotherapy

History of Presentation

Head injury 8 months prior; diffuse axonal injury on PEG, came for neurorehabilitation. Past medical/surgical history: DVT.

Physical Examination

- Generalised weakness present.
- No cyanosis, pallor, icterus, lymphadenopathy, or pedal edema.
- Respiratory system: Clear.
- Cardiovascular: S1 S2+, no murmurs, no rise in JVP.
- Per abdomen: Soft, non-tender, no organomegaly.
- CNS: Grade 0/5 power in both lower limbs.

Hospital Course & Treatment

- 51-year-old lady presented with Diffuse Axonal Injury following trauma, admitted for rehabilitation.
- MRI Brain: Mild cerebral atrophy with old microhemorrhages and ischemic lesions – sequelae of old trauma. No fresh lesions.
- Urine cultures showed enterococci – treated with antibiotics.
- Dermatologist opinion regarding hair fall – treated accordingly.
- ENT opinion regarding hearing loss – treated accordingly.
- Ophthalmologist opinion for follow-up of refractive error.
- Managed with antibiotics, anti-epileptics and other regular medications.

- Physiotherapy done daily. Muscle power improved with this.
- Patient obeying commands now. Stable at time of discharge.

Condition at Discharge

Patient improved remarkably to verbalizing and obeying commands, power improved to grade 3/5 and decrease in spasticity.

Discharge Medications

- XT. Neurorex Plus – 1 tablet twice a day
- Syp. Keppra – 5ml morning, 10ml evening
- Syp. Polybion – 5ml twice a day
- T. Liofen (Baclofen) 10mg – twice a day
- T. Loxol 25mg – twice a day
- Syp. Depakine – 6ml morning, 12ml evening (for 6 more days)
- T. Razo 20mg – twice a day